

Supporting Young Carers at Cambridge Maths School

At Cambridge Maths school we are committed to supporting young carers/young adult carers. We understand the unique challenges they may face and strive to provide a supportive environment where they can thrive academically, socially, and emotionally.

Young carers are young people under the age of 18 who provide care, unpaid, for a family member with an illness or disability, mental health condition or an addiction.

Young adult carers are young people aged 16–25 who care, unpaid, for a family member or partner with an illness or disability, mental health condition or an addiction.

Our Support Offerings Include:

1:1 Support with a Trusted Adult: Students' form tutors and our Young Carers Champion, Joanna McEwen, are here to provide personalised support and guidance to young carers and their families.

Flexible Academic Support: We can offer flexibility with homework extensions and where possible flexible start or finish times to accommodate the responsibilities of young carers.

Staff Training: Our staff members undergo specialised training to better understand and support the needs of young carers.

Assemblies and Events: Assemblies are used to raise awareness and celebrate the contributions of young carers.

Additional Resources:

In addition to our school-specific offerings, we also provide referrals to external organisations such as Centre 33 for Young Carers and Young Adult Carers Needs Assessments. (LINK TO C33 WEBSITE: [Caring - Centre 33](#))

At CMS, we are proud to be young carer aware. Our goal is to ensure that every young carer/young adult carer feels supported, valued, and empowered to reach their full potential.

For more information or to access our support services, please contact Joanna McEwen (jmcewen@cms.tela.orf.uk)